

COVID-19, the Delta Variant, and you: What you should know

Your health and safety are our top priority. Fresenius Kidney Care is dedicated to providing you with the highest-quality care and support in every circumstance.

Should you be worried about the Delta variant?

- /// The Delta variant of the coronavirus is more contagious, faster spreading, and now accounts for over 90% of infections in the United States¹.
- /// The chances of getting sick are much lower for people who are vaccinated.
- /// People on dialysis tend to have weakened immune systems and are at a higher risk of coronavirus. That's why it's especially important to take extra preventive measures.

Take steps to protect yourself and others at a higher risk from the virus

- ① Get a COVID-19 vaccine if you have not done so already. Talk to your doctor or care team if you need help finding where to go for the vaccine.
- ② Ask your household members and caregivers to get a COVID-19 vaccine if they have not done so already.
- ③ Stay six feet apart from others who do not live with you.
- ④ Avoid crowds and poorly ventilated indoor spaces.
- ⑤ Wash your hands often with soap and water. Use hand sanitizer if soap and water are not available.
- ⑥ To reduce the risk of being infected with the Delta variant and possibly spreading it to others, wear a mask indoors in public and in healthcare settings, regardless of vaccination status. To protect those around you, please wear your mask when you enter our centers for dialysis so we can protect as many people as possible in our Fresenius Kidney Care Family.

Delta and Covid-19 vaccines

- /// COVID-19 vaccines help protect you from the coronavirus, including the new Delta variant.
- /// These vaccines are safe, and have faced the most intensive safety monitoring in United States history.
- /// More than 165 million people in the United States have been vaccinated with COVID-19 vaccines⁴.
- /// Relying on your vaccination alone may not be enough protection, especially for people with compromised immune systems.
- /// It is important to continue following all safety guidelines to protect yourself and others from COVID-19.

The risks if you are unvaccinated

- /// People who are not vaccinated are at extreme risk of being infected with COVID-19. Data shows that over 95% of COVID-19 cases, hospitalizations, and deaths are made up of unvaccinated people².
- /// The vaccines help prevent severe illness, hospitalizations, and death. Only about 0.004% of vaccinated people got a breakthrough case that required hospitalization. An even smaller percentage ended in death³.

Need to know more about the Delta variant or Covid-19 vaccines?

Talk to your doctor or care team, or visit www.FreseniusKidneyCare.com/Coronavirus to find out more.

1 CDC. "Estimated Proportions of SARS-CoV-2 Lineages." Centers for Disease Control and Prevention, July 31, 2021. https://covid.cdc.gov/covid-data-tracker/?CDC_AA_refVal=https%3A%2F%2Fwww.cdc.gov%2F-coronavirus%2F2019-ncov%2Fcases-updates%2Fvariant-proportions.html#variant-proportions.

2 Kates, Jennifer, Dawson, Lindsey, Anderson, Emma, Rouw, Anna, Michaud, Josh, Singer, Natalie. "COVID-19 Vaccine Breakthrough Cases: Data from the States." KFF, July 30, 2021. <https://www.kff.org/policy-watch/covid-19-vaccine-breakthrough-cases-data-from-the-states/>.

3 CDC. "COVID-19 Vaccine Breakthrough Case Investigation and Reporting." Centers for Disease Control and Prevention, July 29, 2021. Last reviewed: July 29, 2021

4 CDC. "COVID-19 Vaccinations in the United States." Centers for Disease Control and Prevention, August 5, 2021. https://covid.cdc.gov/covid-data-tracker/?CDC_AA_refVal=https%3A%2F%2Fwww.cdc.gov%2F-coronavirus%2F2019-ncov%2Fcases-updates%2Fvariant-proportions.html#vaccinations.