

Recycling and managing home dialysis waste

Home dialysis can generate a lot of boxes and plastic waste. Having a plan to manage it will help cut the clutter and keep your home feeling like home.

Plastics

Dispose of plastic waste in a heavy garbage bag and add to household trash.

- ▶ Think of medical vials as regular household trash, no different from an empty bottle of aspirin.
- ▶ Empty drain and fill bags can be stacked, rolled up, and wrapped with tubing to minimize waste volume.

Recycle when you can

Although dialyzers and bloodlines can't be recycled, it is possible to recycle dialysate bottles, cardboard boxes, and much of the packaging from dialysis supplies.

Boxes and cardboard

You have a lot of options to reuse or recycle the boxes that come with your dialysis supplies.

- ▶ Flatten boxes and place in the recycle bin.
- ▶ Use in the garden. Sheets of cardboard can act as a good mulch and help minimize weeds. Shredded cardboard can be added to a compost pile.
- ▶ Give away through online neighborhood bulletin boards or list on BoxCycle.com, a marketplace for used cardboard boxes.
- ▶ Use arts and crafts ideas to have fun and repurpose boxes like in this list of ideas.



Use your smartphone's camera to scan the QR code to find great ideas.*



WE'RE HERE TO SUPPORT YOU IN EVERY WAY

Ask your care team about local dialysis waste resources that may be available.

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