

What is your residual renal function?

Residual renal function (RRF) indicates your kidneys' ability to remove water and toxins from your body. Know your RRF to keep your kidneys healthy and feel your best.



Determining your residual renal function

If you still urinate, you most likely have some RRF. The amount and frequency must be measured and tested to determine your RRF level. Talk to your doctor to understand how much your kidneys are still functioning.



Preserving your residual renal function

Maintaining your RRF helps you feel your best. If you are starting dialysis, peritoneal dialysis (PD) is the best choice for preserving your RRF.



Why peritoneal dialysis?

PD is done more frequently, so waste and toxins in your blood don't have a chance to build up as much between treatments—similar to how your natural kidneys work. It also regulates your fluid levels and maintains your existing kidney function for a longer period, protecting your RRF.



Benefits of preserving your residual renal function

The benefits of preserving your RRF include:

- Fewer food and drink restrictions
- Cleaner blood with fewer toxins
- Less swelling

- Healthier heart and bones
- Reduced sodium levels



LEARN MORE TODAY

Talk to your doctor about your RRF and whether PD may be the right dialysis treatment option for you. Visit **FreseniusKidneyCare.com/PD** to learn more about peritoneal dialysis.

