

# Get the care you need and connect with your care team using telehealth

To make sure you continue to receive the best care possible, we're now offering virtual visits, also known as telehealth. With your consent, this resource will let you meet with your nephrologist and care team virtually. The goal of these virtual visits is for you to receive the same quality of care as you would during an in-person visit.

## What you'll need to get started:

- A plugged-in or fully charged internet-enabled device with a camera, such as a tablet, smartphone, or computer—the camera helps your care team provide the best care possible
- A high-speed internet connection, like Wi-Fi or an unlimited data plan
- A quiet, private, well-lit area for the visit

### For in-center patients:

- You will always see a nurse in person at your center during your dialysis treatments.
- Your nephrologist may start visiting you virtually while you receive dialysis treatment at your center.
- Your care team, including social workers and dietitians, may offer to connect virtually or by phone.
- If you have a telehealth visit in a center, your care team will provide you with a device to use. Each device will be disinfected between uses.

#### For at-home patients:

- Your care team may use telehealth for:
  - Regular checkups
  - · Visits with your nephrologist
  - Visits with your care team, including your dietitian and social worker
- In some cases, telehealth visits could replace your monthly visit to your home dialysis center.
- You can reach your care team by phone or through direct messages in PatientHub anytime. PatientHub should not be used in emergency situations.

Our top priority is making sure you get the care you need. Your nephrologist and care team will not suggest using a virtual visit if an in-person appointment is best for you.



#### **QUESTIONS?**

If you have any questions about accessing your telehealth visit, call our support line at **1-800-313-1143** or talk to your care team.