

Topics to Discuss About Early Stage CKD

Being an active participant in your chronic kidney disease (CKD) treatment is essential. Here are some questions to help you start important conversations with your doctor or treatment team.

Questions to ask your nephrologist (kidney doctor)

- What causes kidney failure?
- What steps can I take to improve my overall health?
- What signs or symptoms of CKD should I look for and monitor?
- Is there anything I may experience that I should contact you about?
- Do I need to modify my diet? Should I see a renal dietitian?
- Are there other health conditions that could impact my CKD?
- Do I need to modify my medications or treatments for other current conditions such as diabetes or high blood pressure?
- What should I expect next with CKD?
- How can I reduce my risk of complications?