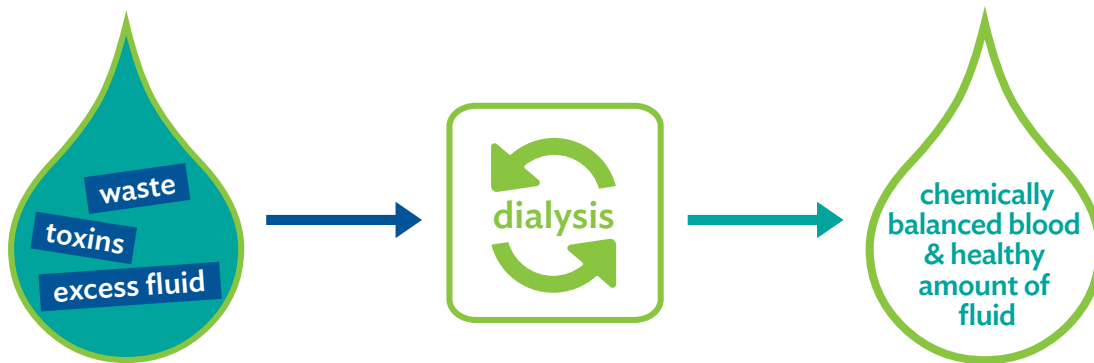


# Feel your best and avoid hospitalization

Your dialysis treatments will help you feel your best by removing unwanted waste, toxins and excess fluid from your body. Your prescribed [dialysis treatment](#) time is personalized just for you to ensure you receive the appropriate amount of dialysis. Over time, your doctor may adjust your prescription so you can feel your best and get the most out of your treatment.



## How do you feel better, live longer and stay out of the hospital? Stay for your full dialysis treatment.

It's important to plan enough time in your day for dialysis. Cutting even one treatment short by just five minutes can have a long-term impact. While you may feel well right after treatment, less time on dialysis causes an accumulation of waste and toxins in your body. As this accumulation increases, so does your risk of hospitalization.

### Your body needs dialysis

Longer dialysis treatments may be needed to help you feel your best. Increased treatment time:

- /// Ensures enough waste, toxins and fluids are removed
- /// Helps keep your blood pressure stable, protecting your heart and brain
- /// Allows for a faster recovery after treatment



### GET THE MOST OUT OF YOUR TIME

Dialysis treatments can actually give you blocks of “me time” that you might not have had before. Learn more at [www.FreseniusKidneyCare.com/ManageTime](http://www.FreseniusKidneyCare.com/ManageTime).