

# Your life. Your health. Your care.

## Get connected and thrive with your Fresenius Kidney Care Portal.

Tracking your treatment data and trends can help you make healthier choices and thrive on dialysis. With your portal, you and your care team can easily check your progress and stay connected in between your monthly visits.

### Your Fresenius Kidney Care Portal can help you stay active in managing your care.



#### Submit flow sheets electronically

Submit your daily flow sheets on your computer, tablet or smartphone. Your data will be automatically sent to your care team for review.



#### Exchange secure messages with your care team

Connect and communicate with your care team from home with secure messaging through your portal.



#### Access lab results and see trends

Access your lab results and trends so you can be empowered with the information you need, where and when you need it.



#### View historical treatment data

Take control of your health and see how your treatment data has changed over time and how it compares to your current kidney health.



#### View medications

Access information about each of your medications, including the name of your medication, your prescribed dosage and how to take your medication.



#### Order and track supplies

Access your three-month order history, submit your supply order and check your delivery status. You'll get a notification about your delivery time two days in advance.



### START TAKING CONTROL OF YOUR HEALTH TODAY.

Talk to your home therapies nurse to get started using your portal.