

Questions to ask your dialysis care team

Your care team is a dedicated group of people who are here for you every step of the way. Living and thriving with kidney disease takes support, so reach out to your care team members whenever you need them.



Ask your social worker questions about how to thrive on dialysis.

- // How can I keep doing the things I love?
- // How do I tell others how I feel and what I need?
- // What are some resources to help me become more independent?



Ask your dietitian questions about how to maintain good nutrition.

- // What foods should I choose or limit when I eat out?
- // How do I deal with thirst?
- // How do I manage my medications?



Ask your nurse questions about your dialysis treatment.

- // How can I feel my best on dialysis?
- // How do you know how much fluid to remove?
- // How can I best take care of my access?



Ask your nephrologist questions about your kidney health.

- // Why do I feel sick?
- // Why do I need to get rid of my hemodialysis catheter?
- // How do I get on the transplant list?



THE MORE EVERYONE KNOWS, THE BETTER

Getting informed and sharing resources with family, caregivers and friends can help you create a balanced, fulfilling life on dialysis. Learn more at www.FreseniusKidneyCare.com/Thriving-On-Dialysis.