

Traveling with dialysis

Use this travel checklist to help with what to pack and how to plan before taking a trip.

Medical supplies



Medications

Pack enough of each medication to last you through your trip, plus a few extra days' worth in case of an unexpected delay.



Home dialysis supplies

Make sure you pack everything you'll need for treatment, and bring a few extra days' worth. Ask your dialysis nurse if you have questions about what to take—and discuss airline guidelines for traveling with medical equipment and solutions if you're flying.

Did you know? If you're doing dialysis with us, we can ship at-home dialysis equipment to your travel destination in advance. Contact RTG Customer Service at 1-800-323-5188 (option 1).



Other medical supplies

Make a list as you run through your daily routine so you don't forget anything you need.

Personal and medical information



Be sure to pack these essentials:

- Your ID card
- Your insurance card
- Medication and allergy lists
- Phone numbers and email addresses for your doctor and social worker
- Phone numbers, email addresses and location information for dialysis centers you plan to visit
- Emergency contact information
- Dialysis treatment and kidney care instructions
- Phone number for Fresenius Kidney Care Patient Travel Services: **1-866-434-2597** (option 2), plus the phone number for your home dialysis center