

If you have an amputation...

skin care is very important, especially if you have diabetes.



1. Keep your stump clean.

- Wash with mild soap and warm water daily.
- Use a shower chair while bathing.
- Dry your stump well with a soft towel.



2. Check your stump daily and look for...

- Dry skin or rashes
- Red or chafed skin
- Blisters or skin breaks



3. If you wear a prosthesis...

- Be sure your stump is dry before you put on your artificial limb.
- If your stump is too dry, use alcohol-free lotion.
- Wear clean stump socks every day.
- Notify your doctor if your prosthesis does not fit properly or is painful.

Other tips:



CHECK YOUR STUMP REGULARLY.

See any changes? Report them to your care team or doctor.